



EDVA HOTLIST

APRIL 2024



SPORT, GARDENING AND OUTDOORS

Volunteer Sports Assistant Location: Kirkintilloch **Minimum Age: 16**



The Sporting Aces reach out to people of all ages within the community who feel they may not be able to try different sports because of their disability. We help them to break down barriers to participation. The Sporting Aces welcome everyone to try a variety of sports. The club actively promotes activities for those who have a learning disability and any other additional support need. The club has been running successful sporting activities in the community for a number of years. Volunteers are required to support the children, young people and adults who attend the various activities.

Volunteer Walk Leaders Location Across East Dunbartonshire **Minimum Age 18**



WRCED are looking for volunteers to assist with the delivery of the weekly walk, run, cycle schedule. Volunteers can also host or co-host an event and contribute event ideas to the committee. Training will be provided.

Milngavie in Bloom Minimum Age: 16



Milngavie in Bloom was established in 2008 by a small group of residents who felt that the town centre was drab, with old concrete planters, no flowers and a general air of neglect. They agreed the town centre needed to be improved and made greener, especially as it is the start point for the West Highland Way. In 2011 the Clean Sweep litter picking branch of the organisation was formed to tackle the blight of litter on our streets and car parks. Our Gardening Group has responsibility for planting and maintaining our community beds. They meet on the second Wednesday and fourth Saturday of each month outside the Fraser Centre and in addition, there are a number of sub groups who look after particular areas on a regular basis.

Lenzie Community Development Trust Minimum Age: 18



We urgently require basic gardeners for our two community gardens in Lenzie these are small spaces that we tend to all year round and run by the local community.

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COMMUNITY



**Member Volunteer Location; Waterside Kirkintilloch
Minimum Age: 16 years**

We are looking for new members of the charitable society, and in particular students with an interest in **finance, architecture, construction, planning, law or website design and construction** (or those working in any of these fields) who could help us in the next stages of this project while building up their CVs with relevant experience. However, anyone with an interest in furthering our cause to build a much-needed hub in the Waterside area would be welcome, whatever their experience and interests. We also put on community events, for which we always need helpers

**Community Volunteers Urgently Required
Location: Across ED Minimum Age: 16**



The role of Volunteers within our community is vitally important. There are Community Response organisations throughout East Dunbartonshire providing support in the community. Opportunities exist to help with shopping, driving to appointments, light gardening, check-in phone calls and collecting prescriptions for those who struggle to get out and about. There are many activities you can get involved in to help make a difference in your local community wherever you live in East Dunbartonshire.

Clean driving license would be advantageous but not essential. A PVG will be required but the organisation will help with that. Volunteers will also have a willingness to be compassionate, to follow current health guidelines and be reliable. Expenses will be paid.

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EVENTS AND FESTIVALS

Volunteer Fundraiser **Minimum Age 16 years**



Campsie Music & Art know that there are friendly, talented, creative individuals in the community and we would love you to join our team, helping us to raise awareness and funds for our organisation. We have a programme of activities and we need more hands to help us. Fundraising is fun and if you could give a few hours a month that would be fantastic. If you have an idea for raising money and want to discuss it we can do that too and support you. Volunteers would also be required to assist with the preparation and checking of grant applications.

Media & Promotions Volunteer **Minimum Age 16 years**



Are you interested in the Arts and promotion?
Volunteers are needed to assist with the promotion of the Campsie Fest Events in May and throughout the year. Using Social Media and other various online tools you will promote the various events. You will also keep our website up to date and promote our events via Voluntary Arts Scotland website.

Volunteer Events coordinator **Minimum Age 16 years**



Volunteers are needed to assist with the planning and delivery of the Campsie Fest Events which happen throughout the year. This will involve contacting performers, working with others on the team to plan events relating to Music and Art and organising refreshments. Volunteers would also be required to compare some of the event, introducing performers etc.

Event Volunteer **Location: Across East Dunbartonshire** **Minimum Age; 18**



Would you like to support people with learning disabilities to socialise and make friends? We are looking for Volunteer Event Supporters to help at and lead social events.

Our events include going to restaurants, pubs, cinema, tenpin bowling, day trips and walks. Events usually take place afternoons and evenings and last about 2 hours.

As an Events Supporter, you will attend the event and help the members to interact while they're together. It's all about helping them to have a safe, enjoyable and friendly time. It's sociable, great fun and very rewarding

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CHILDREN AND YOUNG PEOPLE SUPPORT

Playscheme Volunteer

Location: Bearsden, Bishopbriggs & Kirkintilloch

Minimum Age 16 years



We are an organisation that support families with children on the autistic spectrum. We provide safe, inclusive environments that meet the sensory needs of our community and provide an opportunity for growth and learning.

The playscheme events take place in 3 locations (Bishopbriggs, Kirkintilloch and Bearsden), all on Saturdays and host a range of activities for children and families to enjoy. We have big activities, crafting, sensory calming and stimulating areas and gaming (either Minecraft or Nintendo switch). The role of the volunteers is to listen to any queries or concerns parents have, offer support, and support the children in play. We ask volunteers to help us set up and pack away, and ensure whichever premises we are at are left in good condition

Volunteer Mentors Location: Across East Dunbartonshire

Minimum Age 21



At MCR Pathways, we know that all young people are talented. However, our country's care-experienced and young people who have experienced disadvantage face challenges beyond their control that make it more difficult for them to succeed. These young people are in our communities but we don't always see their struggles. As a community, we can change this.

We recruit and train volunteer mentors who are matched with a young person based on personality, hobbies and career aspirations. Mentors meet with their young person at their school for just one hour a week and provide a compassionate, listening ear.

MCR Mentors:

- Build a relationship, improving the self-esteem of their young person
- Help their young people discover their own passion for learning & achieving
- Empower their young people to overcome the challenges thrown at them

Education is the key to unlocking our young people's potential. Our volunteer Mentors are supported every step of the way as they guide their young person onto a positive pathway.

No experience is required and full training is given. A PVG (protecting vulnerable groups scheme) will be required prior to mentoring. This will be discussed in your onboarding process and is free of charge to obtain.

Can you volunteer just one hour a week and #BeTheBridge between a young person's talent and possibilities in life? Sign up and get involved today!

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FAMILY SUPPORT

Glasgow Children Hospital Volunteer Drivers

Location: Various Minimum Age 21



Glasgow's Childrens Hospital Charity are looking for volunteer drivers to support vital hospital services. As one of our valued Driver, you will visit various location around the country, collecting and delivering items as required. Inductions with the relevant departments will be provided. Volunteers will be contacted when a collection or delivery is required, and most journeys will be planned in advance. This a a flexible role where you can choose when you are available to support, and journeys will be given based upon your preferences and availability. The frequency of assignments will vary according to request demands.

Breast Feeding Peer Support Worker Location: Kirkintilloch

Minimum Age: 18



Glasgow Breastfeeding Buddies are looking to recruit local parents with breastfeeding experience to provide parent to parent support in the Kirkintilloch area. Volunteers will undertake an online Peer Supporter training course (approx. 2.5 hrs per week for 8-10 weeks) before volunteering at our Breastfeeding Support Group in Kirkintilloch.

A Bite & A Blether Location: Kirkintilloch/Milngavie

Minimum Age:16



Are you looking for an exciting new opportunity?

We are looking for an enthusiastic individual who has a passion for equality, fairness and justice to volunteer alongside our team.

As a volunteer, you will provide support to existing and new peer support groups across East Dunbartonshire. Assisting the group facilitators, you will play a vital role in supporting participants and ensuring the smooth running of the groups. Our groups meet once a week for a duration of one and a half hours.

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OLDER PEOPLE AND CARE

Erskine Veterans Charity Fundraising and Events Volunteer **Minimum Age: 14**



As an Events Volunteer, you'll be at the forefront of generating vital funds to support our Veterans. Your enthusiasm will light up various community settings as you:

Schedule: Coordinate with our fundraising team based on your availability, making this a flexible commitment.

Event Setup/Clear up: Play a crucial role in setting up and tidying event/venue areas and displays, ensuring everything runs smoothly.

Registration Desk Host: Welcome participants with a warm smile and assist them with registrations.

Merchandise Maestro: Show off your sales skills by manning our Erskine-branded merchandise stalls.

Raffle Rockstar: Sell raffle tickets and/or collect donations on-site during events.

Logistics Pro: Help transport goods and resources to and from event venues. **General Runner:** Be the go-to person for various on-the-day tasks that keep the event running seamlessly.

Event Extraordinaire: If you're up for it, you might even contribute to event entertainment, activities, or event photography to capture the magic.

Support Ambassador: Provide support, encouragement, and resources to event participants taking on sponsorship challenges.

Erskine Volunteers Location : Erskine Care Home **Minimum Age: 14 years**



Are you ready to make a difference in the lives of those who have dedicated their lives to serving our country? Erskine Veterans Charity is searching for compassionate and enthusiastic volunteers to be a part of our impactful volunteering family.

Meaningful Impact: Whether it is supporting activities, offering practical support or simply sharing stories as a visitor or a befriender,

Connection: Your presence will help combat feelings of loneliness and isolation.

Stimulating Activities: Our activities programme is as varied as our residents' interests are. From group outings to creative projects, your ideas and energy will be welcome, and your involvement will keep their hearts and minds active.

Volunteer Helper Location Milngavie **Minimum Age 15 years**



To help make/serve teas and coffees in the tea room from 9.30am till 12.00 Monday—Friday

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HEALTH AND SUPPORT

Companion Volunteer Location: Stobhill Hospital Minimum Age 18



Marie Curie are launching a new pilot scheme to provide support to care home residents, and we're looking for volunteers to join us in the Springburn area. Your main task will be to visit with the residents who have been identified by the staff in the care home as in need of support, chatting with them, reading to them or helping them to engage in activities they enjoy. This is an exciting new project, and we will also be looking for you to provide us with a very short piece of feedback after each visit. This is an ideal role for someone who wants to make a difference to people at risk of social isolation who live in care homes, and who love working with others.

Volunteer Hairdresser/Barber Glasgow Hospice Minimum Age 18



Your role will include some of but is not restricted to the following:
Provide a hairdressing service to patients at the hospice, Consult staff about which patients would like to use the service, Chat to patients, Keep the hairdressing room clean and tidy, Let staff know about any issues concerning patients well-being, Help with other related tasks when necessary

Companion in the Community Minimum Age 18



We are looking for volunteers aged 18 or over to join our Companion team and support adults affected by a terminal illness in the community.

Volunteers will be matched with a person to provide up to three hours a week of company, emotional support and a small amount of practical support. We also accept referrals to provide respite for carers. This is a great role for someone who enjoys meeting new people and would like to be part of making a difference to the lives of people living with a terminal illness and their loved ones. Please see below for examples of what our volunteers can do:

- Companionship- meeting for a chat or to take part in hobbies together. This can be in the person you are supporting's home or in another location depending on their circumstances.
- Emotional support- being a friendly listening ear to the person you are supporting, giving them space to share their feelings.
- Short Carer Respite- for up to three hours a week, this can give carers time for shopping or other tasks or simply to relax.
- Practical Support- with small tasks like collecting a prescription or accessing the internet.
- Information Giving/Signposting- giving information about other services that the person you are supporting might benefit from.
- Bereavement Support- time limited to three months and on a case by case basis.

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MEDIA AND TECH

Cinema Volunteer **Minimum Age: 18**



We are currently looking for Volunteers to help out at the Kirky Picture Palace based mainly in the Kirkintilloch Town Hall, we also rent out our services to local schools in East

Dunbartonshire and require volunteers to help lifting and moving the cinema equipment in and out of venues as well as set up and take down. Arrive an hour before showing starts (unless otherwise stated) to help set up the screen and projection/sound equipment. Training will be provided on site.

Helping to load/unload equipment for school showings, the equipment is quite heavy.

Ensure that all audience members entering the cinema have a valid ticket and meet the appropriate age requirements for that screening unless instructed otherwise by the Co-ordinator.

Be present in the auditorium for the entire duration of all film screenings.

Tech Buddy **Minimum Age 16**



A new exciting volunteer role to support unpaid carers in East Dunbartonshire to gain confidence in using smart technologies, computers and other new technologies.

The Switched On project is designed to empower unpaid carers by teaching them how to use new technologies to improve their lives. This is an exciting and fun project that will improve your teaching skills and understanding of technology. Your role is to contact carers remotely, identify and deliver training that the carer needs. This will be conducted over a limited number of sessions .

Social Media Assistant **Location: Kirkintilloch/Home Based** **Minimum Age:21**



OPAL: East Dunbartonshire's Information Line is a free information service for local residents helps people get the information/support to access local services vital to both their mental/physical health and wellbeing. By assisting with the coordination of OPAL's Social media activities, you will be raising awareness of the service and helping us reach people who need help and support. Although our social media channels are well established, we feel we do not utilize these tools their full capacity. We are keen to work with someone who is interested in this area and in return there will also be opportunities for training, networking, and other tasks related to OPAL but most importantly you will be working alongside skilled OPAL Advisers, helping you develop your skills and knowledge on a range of topics.

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ANIMALS

Lifeline Foster Carer **Minimum Age 18 years**



We offer a free and confidential fostering service for cats whose families are fleeing domestic abuse so they can rest assured their cat will be taken care of until they can be safely reunited. Referrals are handled by a specialist and experienced team, who support owners referring to the service, arrange to collect cats, and organise foster placements through a wonderful network of dedicated Lifeline volunteers.

By fostering with Lifeline, you'll be helping us to support someone in need of a temporary home for their cat. We'll cover all costs so all you need to do is provide a loving home for your foster cat and send us lots of photos so we can give their owner updates. Fostering with our service is completely confidential, so you won't know anything about the owner and they won't know your identity either. All communication goes through our Lifeline team to maintain anonymity.

Bravehound Buddy

Minimum Age 18 years



BRAVEHOUND needs volunteers with time to commit to a fully supported training programme for around 4 months. The dogs will live with the BRAVEHOUND Buddy for around 4 -6 months. All costs for the dog including food and equipment are covered by BRAVEHOUND.

The role includes caring for the welfare of the dog, socialising and with instruction from the BRAVEHOUND training team, help with training the foundations of an assistance dog.

**For a full range of volunteer opportunities registered with us and throughout Scotland.
Log on to: www.volunteerscotland.net**

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