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MEIN

th & Social AUTISM AND ASN UPDATES **COUNT** FOR EDC RESIDENTS

Count Me In – Maths for Parents

The Count Me In team will be running a series of FREE maths classes for parents to increase their confidence and skills in helping their children with numeracy. Learning will be based on the Primary maths curriculum from P1 through to P7/early secondary and will equip parents with effective tools and strategies they can use to support various aspects of their child's numeracy development.

Courses start from Tues 24th October and will run for 6 Weeks at the same time each week (see dates & times below).

Count Me In - Maths for Parents		
Time	Location	
1pm – 2.45pm	Auchinairn Community Centre	
9.15am – 11am	Hillhead Community Centre	
1pm – 2.45pm	Hillhead Community Centre	
	Time 1pm – 2.45pm 9.15am – 11am	

If you interested but can't make the above times please still contact the Count Me In Team on countmein@eastdunbarton.gov.uk

Easties is back!

Taster Session: Wednesday 6th December 6 – 8pm **Kirkintilloch Town Hall** Easties is an LGBTQ+ youth group for 13 -25s in East Dunbartonshire, and a safer space for workshops, games, making new friends as well as 1:1 support.

For more info contact: infobox@lgbtyouth.org.uk







AUTISM AND ASN UPDATES

FOR EDC RESIDENTS



Spectrum Film Club presents Casper which will be showing on Tuesday 21st November 2023 4.45pm at Kilmardinny House.

Tickets are £4 on the door – parent / carer goes free



Gaelic Language Plan 23-28

The council has produced its third draft Gaelic Language Plan aiming to increase to use of the language. Read the draft plan and have your say by Sunday 17th December.

Gaelic Language Plan Consultation | East Dunbartonshire Council

Funders Fair

18th November from 10am – 2pm Kirkintilloch Campus, New College Lanarkshire, 50 Southbank Road

Are you involved with a not-for-profit group or organisation that benefits the people of East Dunbartonshire?

Come along to our Funder Fair to find out about grants to take part in a variety of workshops.

The event is free, book via Eventbrite <u>East Dunbartonshire Funders Fair Tickets, Sat</u> <u>18 Nov 2023 at 10:00 | Eventbrite</u>

Outreach Social Groups



<u>Monday Night Social Club</u> – 6.30pm to 8.30pm based in The Allander Resource Centre, Bearsden.

<u>Wednesday Night Women's Group</u> – 6.30pm to 8.30pm based in The Allander Resource Centre, Bearsden.

The groups are open to aged 16+ and if you would like more details please contact Ashleigh Grant-Ng:

ashleigh.grant-ng@eastdunbarton.gov.uk

AUTISM AND ASN UPDATES FOR EDC RESIDENTS KEY DATES FOR YOUR DIARY

East Dunbartonshire

16 th November 2023 7pm – 9.30pm	You Are Not Alone – The Many Faces of Autism Book your tickets: <u>You Are Not Alone - The Many</u> <u>Faces of Autism - Lego® Therapy Creatovators</u>
18 th November 2023 10:00 to 11:30	Bearsden Play Scheme – Bearsden Baptist Church <u>Bearsden November Playscheme – Creatovators</u>
21 st November 2023 4.45pm – 6.30pm	The Spectrum Film Club presents Casper at Kilmardinny House. See page 2 for details
23 rd November 2023 7pm – 9.30pm	You Are Not Alone – Siblings & Autism Book your tickets: <u>You Are Not Alone - Siblings and</u> <u>Autism - Lego® Therapy Creatovators</u>
25 th November 2023 2.30pm – 4pm	Kirkintilloch Play Scheme – St Columba's Hillhead Church. <u>Kirkintilloch November Playscheme - Creatovators</u>
6 th December 2023 6pm – 8pm	EASTIES Taster Session at Kirkintilloch Town Hall Email: <u>infobox@lgbtyouth.org.uk</u>

Coming soon..



Trauma Informed Parenting and Autism Workshops The workshops cover managing challenging behaviours and reducing stress, learn how to break those generational patterns and help kids co-regulate. Please email: Lacs@eastdunbarton.gov.uk to register.

If you wish to attend workshops sooner then please check online for availability: <u>Suzanne Scott Events | Eventbrite</u>