



AUTISM AND ASN UPDATES FOR EDC RESIDENTS

EASTIES



Interested in joining Easties?

A youth group for all LGBTQIA+ aged 13 – 25 in East Dunbartonshire

Make new friends, workshops, games, activities and 1:1 support.

LGBT Youth are expecting to restart later in 2023 and are looking to see how many people are interested.

Please click on the link to fill out a short questionnaire and register your interest. <https://www.surveymonkey.co.uk/r/FCSL32S>

Do you want to:

- Support your child with their numeracy development?
- Learn how schools now teach numeracy?
- Increase your own confidence with numbers?
- Further develop your own maths skills for learning, life and work?



Our friendly team of experienced teachers are offering a range of relaxed and informal learning sessions to suit you and your family. All fully funded and free to families across East Dunbartonshire. For more information please contact countmein@eastdunbarton.gov.uk

**Just a
reminder...**

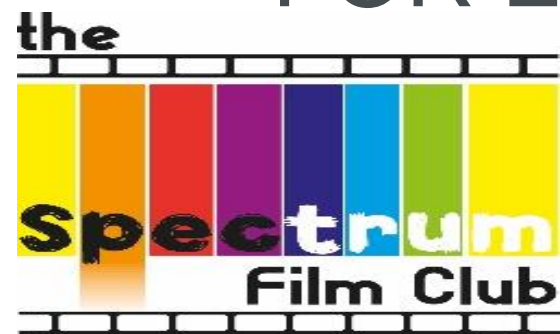


REMINDER

The next Parent & Carer forum is on Wednesday 11th October online from 6pm to 8pm. We have a guest speaker from Rookie Minds joining us. Look out for our reminder email to register.



AUTISM AND ASN UPDATES FOR EDC RESIDENTS



Spectrum Film Club presents Up which will be showing on Tuesday 19th September 4.45pm at Kilmardinny House.

Book your tickets here: [The Spectrum Film Club - Up Tickets, Tue 19 Sep 2023 at 16:45 | Eventbrite](#)



Trauma Informed Parenting workshops are going to be available for parents and carers. They will be online on the 19th & 26th February 2024 from 10am – 12noon.

The workshops cover managing challenging behaviours and reducing stress, learn how to break those generational patterns and help kids co-regulate. Please email: Lacs@eastdunbarton.gov.uk to register.

If you wish to attend workshops sooner then please check online for availability: [Suzanne Scott Events | Eventbrite](#)



Culturally Diverse Peer Support for Parents and Carers of Neurodivergent Individuals

Flemington House, Buzzer 33, S4 110
Flemington Street, Springburn, Glasgow G21 4BF on Monday 9th October 10am-12am

Contact Abdah for more info on 07721 439 083



DIFFERabled
Scotland

Coming soon..

Trauma Informed Parenting and Autism Workshops



AUTISM AND ASN UPDATES FOR EDC RESIDENTS



KEY DATES FOR YOUR DIARY

| | |
|---|--|
| 19 th September 2023 4.45pm – 6.30pm | The Spectrum Film Club presents Up at Kilmardinny House. See page 2 for details |
| 2 nd October 2023 | Employability Programme with Street League starts on 2 nd October 2023 for more details contact Erin on 07887530409. Based in Kirkintilloch |
| 9 th October 2023 10 – 12 noon | Culturally Diverse Peer Support for Parents and Carers of Neurodivergent Individuals Contact Abdah for more info on 07721 439 083 |
| 11 th October 2023 6pm – 8pm | Parent & Carer Forum online via Teams. Guest Speaker is from Rookie Minds |
| 19 th & 26 th February 2024 10am – 12noon | Trauma Informed Parenting Workshops Online for parents and carers Email Lacs@eastdunbarton.gov.uk to register |

Other Newsletters:

Carers Link - <https://carerslink.org.uk/newsletters/>

Ceartas - <https://www.ceartas.org.uk/news/>

National Autistic Society - <https://www.autism.org.uk/what-we-do/newsletter-form>

EDVA - <https://edva.org/news>