




# East Dunbartonshire Voluntary Action

## Communities Mental Health and Wellbeing Fund

*Supporting Volunteering and the Third Sector*


# Background to the fund

- ▶ As part of the Recovery and Renewal Fund, the Minister for Mental Wellbeing and Social Care announced a new Communities Mental Health and Wellbeing Fund (the Fund) for adults on 15 October 2021, with £15 million being made available in 2021- 22.
  - ▶ This funding comes in response to the mental health need arising from the pandemic.
  - ▶ This is the first year of a two-year fund to support mental health and well-being in communities across Scotland.
  - ▶ The Fund will be distributed by Third Sector Interfaces EDVA in East Dunbartonshire to community groups and organisations.
  - ▶ Building on the focus on wellbeing and prevention in the Transition and Recovery Plan, the Fund will provide significant investment into community support for adults age 16+.
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# Fund Outcomes

- ▶ The intended outcome of the Fund is to develop a culture of mental wellbeing and prevention within East Dunbartonshire with improved awareness of how we can all stay well and help ourselves and others.
- ▶ The Fund seeks to contribute to the four key areas of focus from the Mental Health Transition and Recovery Plan:
  - ▶ 1. Promoting and supporting the conditions for good mental health and wellbeing at population level.
  - ▶ 2. Providing accessible signposting to help, advice and support.
  - ▶ 3. Providing a rapid and easily accessible response to those in distress.
  - ▶ 4. Ensuring safe, effective treatment and care of people living with mental illness.

# Aims and Priorities

- ▶ The overarching aim of the Fund is to support community based initiatives that promote and develop good mental health and wellbeing and/or mitigate and protect against the impact of distress and mental ill health within the adult population.
  - 1. Tackling priority issues such as suicide prevention, social isolation and loneliness, prevention and early intervention
  - 2. Addressing the mental health **inequalities exacerbated by the pandemic**
  - 3. Supporting **small 'grass roots' community groups** and organisations to deliver such activities
  - 4. Providing **opportunities for people to connect** with each other, build trusted relationships and revitalise communities
  - 5. Supporting **recovery and creativity** locally by building on what is already there, what was achieved through the pandemic, and by investing in creative solutions
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# Who can apply


- ▶ Applications can be accepted from a range of voluntary, 'not for profit' organisations, associations, groups and clubs or consortiums/partnerships which have a strong community focus for their activities. The range of organisations that can apply are:
  - Scottish Charitable Incorporated Organisations (SCIO)
  - Unincorporated Associations
  - Companies Limited by Guarantee
  - Trusts
  - Not-for-profit company or asset locked company or Community Interest Companies (CIC)
  - Cooperative and Community Benefit Societies
  - Community councils
  - Organisations should have an annual income no greater than **£1,000,000** per annum.

# What size of grant can be awarded to applicants

- ▶ The ambition of this Fund is to support initiatives which promote mental health and wellbeing at a small scale, grass roots, community level. It should be accessible to all groups, no matter how small or inexperienced they are.
- ▶ EDVA's ambition is to ensure a broad reach across small community organisations through the distribution of smaller value grants, for example, those up to the value of £10,000 (£2,000 for unconstituted associations). EDVA's further ambition is to involve organisations and communities from across all at risk groups and ensure provision of sufficient support to enable equality of access for generally excluded/seldom heard from communities.
- ▶ We anticipate that a smaller proportion of bids may be supported at a local level, for example, up to the value of £30,000 however we would encourage partnership working between organisations in East Dunbartonshire allowing a grant of £30,000 per consortia from the fund.

# Example of what can be funded

full details of what and cannot be funded are contained within guidance notes.

- ▶ Equipment
  - ▶ One off events
  - ▶ Hall Hire for Community space
  - ▶ Staff Costs
  - ▶ Training Costs
  - ▶ Volunteer expenses
  - ▶ Helping people stay safe (PPE for small gatherings)
  - ▶ Utilities / running costs
  - ▶ Transport
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# What cannot be Funded

## We cannot fund

Contingency costs, loans, endowments or interest

Electricity generation and feed-in tariff payment

Political or religious campaigning

Profit-making/fundraising activities

VAT you can reclaim

Statutory activities


Overseas travel

Alcohol



# Guidance notes accompanying the application will contain.

## **Communities Mental Health and Wellbeing Fund**

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EDVA is here to assist, for further information if required, contact East Dunbartonshire Voluntary Action  
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East Dunbartonshire Voluntary Action is a **Scottish Charitable Incorporated Organisation (SCIO)**  
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